

ARMITY A. SIMON, M.D.

TARA BRODKIN, M.D.

Obstetrics & Gynecology

What is ParaGard?

ParaGard® Intrauterine Contraceptive (IUC) is a different kind of birth control. But it's one of the most effective kinds available. Unlike the Pill (and patch, ring, and shots), it's hormone-free. So it's great for women who prefer not to use hormones or can't for health reasons.

ParaGard® is a simple T-shaped piece of soft, flexible plastic wrapped with natural copper. It's designed to fit comfortably in the uterus.

ParaGard® is a different kind of birth control. It's virtually hassle-free. There are no refills or routines to remember - just a simple monthly self-check.

Once it's inserted, it starts working immediately. And keeps working as long as you need it to, whether it's 2 years, 5 years, or even up to 10 years. Plus, ParaGard® gives you the flexibility to change your mind.

ParaGard® is 99.4% effective. That's just as effective as having your tubes tied - but ParaGard® doesn't require surgery or anesthesia and is fully reversible.

So if you want highly effective birth control that's long-term but easily reversible - or birth control that doesn't require you to remember a pill, change a patch, or put in a ring - ask your healthcare professional about ParaGard®.

ParaGard® is 100% hormone-free, so it lets your body cycle naturally. And lets you stay free from hormonal side effects like weight gain, mood swings, or reduced sex drive.

ParaGard® has been approved by the FDA and used safely for nearly 20 years by millions of women. In fact over 70 million women worldwide have chosen an IUC as their birth control method, making it the most widely used form of reversible contraception in the world.